

## Meet & Eat



# NEWSLETTER



Meet & Eat has been providing a service to families in Chesham since Easter 2018. The URC were keen to provide a safe and fun environment for families trying to manage on a tight budget during the holidays, thus began our Meet & Eat kitchen sponsored by MakeLunch. Last year alone we fed almost 500 children and 300 adults over 21 sessions throughout the holidays.

All of our lives have changed in 2020 and Meet & Eat has changed how we operate to enable us to carry on serving families in Chesham. As we can no longer provide our usual sessions we have instead provided craft boxes over Easter and are involved in the BFNCTA (Big Friday Night Community Take Away) ensuring many of our families receive a free home cooked meal delivered to their door once a week. This will carry on over the summer holidays. We will also be providing food parcels to our families containing two days worth of food to include, fruit, veg, dairy and dry goods for the six weeks of the holidays.

This work is only made possible by our many volunteers, generous donations and sponsorship. We would like to thank all our anonymous donors as well as Chesham Town Council, Rotary Club and Tesco for their kind sponsorship and we hope to continue with this invaluable club for the foreseeable future.





**“A lot of the families are either “free school meal” families or “just about managing” families and this pandemic has pushed many over that threshold. For these families knowing that support is there is a lifeline. For us as professionals knowing our families are getting this extra support is reassuring”.**



**Quotes from Parents:**

**“Any help we can get at the moment is very welcome, everyone is struggling but it is great to know the Meet & Eat team have not forgotten about us”.**

**“That extra support and contact is lovely”.**

**“Everyone here is so friendly and not judgmental at all, I can talk about my problems and get support”.**

**“I used to dread the six week summer holiday but now the kids are home all of the time and this extra support is so important to us right now”.**