

*Meet & Eat*



# NEWSLETTER

*January 2022*



Sharing God's Love

We were delighted to get back to hosting Meet & Eat in the Church hall for October half-term. Over 20 families attended the Tuesday and Thursday sessions enjoying a sandwich lunch and lots of fun activities. We also had a pop up shop with donations from Chesham Foodbank which was welcomed by our families. We had hoped to do the same over Christmas but had to change to a delivery service at the last minute due to increasing COVID numbers. We provided 17 families with a parcel full of Christmas goodies as well as individually wrapped presents for each child in the family. We also had a pop up shop with extras for them to choose on collection. A £30 Sainsbury's food voucher was included to help with that difficult period between Christmas and New Year. Our families were extremely grateful and feedback has been positive.

Meet & Eat has been providing a service to families in Chesham since Easter 2018 and has provided the equivalent of just over 10,000 individual meals to families since the start of the Pandemic. This work is only made possible by our many volunteers, generous donations and sponsorship. We would like to thank all our anonymous donators as well as Chesham Town Council, FoodBank, Rotary Club and Tesco for their kind sponsorship and we hope to continue with this invaluable club for the foreseeable future.





**“A lot of the families are either “free school meal” families or “just about managing” families and this pandemic has pushed many over that threshold. For these families knowing that support is there is a lifeline. For us as professionals knowing our families are getting this extra support is reassuring”.**



### **Quotes from Parents:**

**“Any help we can get at the moment is very welcome, everyone is struggling but it is great to know the Meet & Eat team have not forgotten about us”.**

**“That extra support and contact is lovely”.**

**“Everyone here is so friendly and not judgmental at all, I can talk about my problems and get support”.**

**“Having the normal sessions back is great and being able to have a chat and be somewhat normal every week with people we know is amazing”.**