

Meet & Eat



NEWSLETTER

September 2022



Sharing God's Love

We are delighted to now be back to our normal Meet & Eat service, running two sessions per week throughout all school holidays. Having provided 10,000 individual meals to Chesham families via food parcels throughout the Pandemic, we are now back to providing a two course lunch and a play/activity session in our hall and have served over 600 meals this year so far. The value of human interaction is not to be underestimated as we can provide so much more than just food when we see families in person. We now have Meet & Eat families coming to our coffee shop and toddler group providing that all important intergenerational connection and everyone benefits from the children to the older members of our community. Meet & Eat continues to provide a valuable service following the Pandemic and now entering the biggest cost of living crisis we've seen in decades.

Meet & Eat has been providing a service to families in Chesham since Easter 2018. This work is only made possible by our many volunteers, generous donations and sponsorship. We would like to thank all our anonymous donators as well as Chesham Town Council, FoodBank, Rotary Club, Trefoil Guild, Sainsbury's and Tesco for their kind sponsorship and we hope to continue with this invaluable club for the foreseeable future.





“A lot of the families are either “free school meal” families or “just about managing” families and the pandemic and now the cost of living crisis has pushed many over that threshold. For these families knowing that support is there is a lifeline. For us as professionals knowing our families are getting this extra support is reassuring”.



Quotes from Parents:

“Any help we can get at the moment is very welcome, everyone is struggling but it is great to know the Meet & Eat team have not forgotten about us”.

“That extra support and contact is lovely”.

“Everyone here is so friendly and not judgmental at all, I can talk about my problems and get support”.

“The cost of living has gone up so much and having somewhere regular to go in the holidays keeps my costs down and takes some of the pressure off”.