

Meet & Eat



NEWSLETTER

September 2026



As we reflect on another busy year with many families having attended Meet & Eat, enjoying good food and fun activities, we continue to support as best we can. We have served 855 individual meals from September 2025 to date (September 2026) with 329 of those meals being served over the recent eight summer sessions.

Meet & Eat is a free service for families in Chesham during the school holidays and has been running since Easter 2018. This work is only made possible by our many volunteers, generous donations and sponsorship. We would like to thank all our anonymous donators as well as Chesham Town Council, FoodBank, Beauty Banks, The Tony & Sheelagh Williams Charitable Foundation, Buckinghamshire Helping Hands, Rotary Club & Trefoil Guild for their kind sponsorship. Again a big thank you to our volunteers who have all been amazing with their time and attitude and are the backbone of Meet & Eat as without them we couldn't run.

On that note I would ask that anyone who is looking to volunteer a few hours during school holidays to please get in touch with me as we would love you to join our team. We keep everything easy and friendly and it's a great way to meet new people and serve your community.

We work closely with FoodBank and many of our families receive food parcels and extra support through this collaboration. We continue to have our regular families as well as new at every session and the consistent feedback is that Meet & Eat is a safe and inclusive environment with no judgement. All in all another succesful year and we move forward with gratitude and hope always.

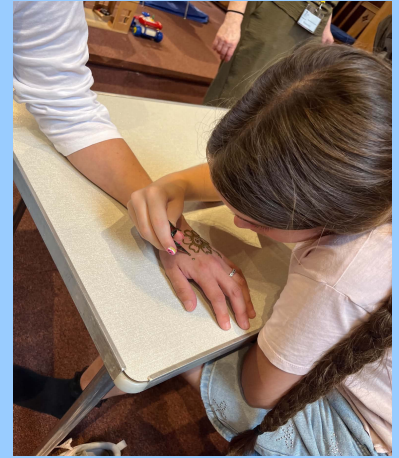




**Fun and play
for all ages**



**Alec with
another
amazing build**



**Our henna artist
Skyla**



**Story time with
Caroline**



**Meet & Eat receiving
the Mayor
Appreciation Award**

Quotes from families!

"Thanks Meet & Eat for always welcoming us so warmly."

"We always enjoy our time in your lovely building."

"We feel welcome & safe here."

"The extra help with food parcels and food vouchers is always welcome."

"We look forward to your sessions and always know we have somewhere to go in the holidays."